

President's Message – Bill Pierce

President's Message NARFE and the Arizona Federation are moving forward with an eye to Scottsdale for the National convention the end of August 2020 (FEDcon 2020). The Arizona Federation will have a new President this year (Deborah Corner) as Etta Bryant is term limited and cannot run again. We all owe Etta a tremendous vote of gratitude for all that she has done over the past years and we wish her well as she moves on to other roles in NARFE. Want to know more? Come join me at the Federation Conference in Tucson May 3 & 4. Speaking of moving on, we are losing Linda Scherfling to the valley of the sun this summer. She will be sorely missed and I want to thank her for her years of service to our

Chapter and the great work she has done as Treasurer and many other roles. The Board will be recruiting for her replacement immediately so that we have some overlap and training before she goes.

Are you good with numbers, careful with funds and organized with accounts? WE WANT YOU! The summer is shaping up to be great fun with excellent speakers and a return of our Steak Cook Out and entertainment in June. Come join us this summer and get ready for a busy fall as we transition to a new

Board with fresh ideas and experiences. You can be a key part of this by volunteering for one of our Board roles and shadowing one of us as we move forward to 2020 and beyond!

Treasurer Report– Linda Scherfling

NARFE						
BRADSHAW CHAPTER 2106						
TREASURER'S REPORT - FEBRUARY 2019						
(Does not include \$50 in Credit Union Savings Account)				Beginning Balance		\$5,697.23
RECEIPTS						
National Dues Rec'd			\$159.52			
Alz. (Carry over \$27, individual donation \$173.25)			\$200.25			
Dividends for November			\$0.13			
TOTAL RECEIPTS			\$359.90			
TOTAL TO BE ACCOUNTED FOR						\$6,057.13
DISBURSEMENTS						
VFW - 20 lunches @\$10 + tip per agreement			\$240.00			
Martha O'Marah - reimbursement for stamps			\$150.00			
NARFE Alz Research-rest of Jan.+Indiv. Donation			\$200.25			
TOTAL DISBURSEMENTS			\$590.25			
				BALANCE ON HAND		\$5,466.88
				TOTAL ACCOUNTED FOR		\$5,466.88

It has been busy this past month. We are getting ready for the Federation Conference of 2019 to be held in Tucson on May 3rd and 4th. I just sent in the money and reservations for Bill Pierce and Ruth Ann Steffes to attend. If anyone else would like to go and needs additional information, just let me know. My phone number is 623-512-5960.

I also mailed in our Chapter Booster List for the Convention and a check for that. Additionally, Marty Grossman helped me out and made up a \$25 business card size ad for the Federation Program Book. Our Chapter helps with Conference expenses in this way.

And last but not least, I filed for tax exemption with the IRS by submitting a Form 990-N (e-postcard) online. This is now a relatively easy task as the Federation Treasurer gives detailed instructions on answering the questions.

My thanks to Sharon Curran and Diana Holden for completing the 2018 Audit. This has now been sent to the Federation Treasurer and President.

I'm glad to see spring is arriving. No more cancelled meetings due to snow!

Legislative officer – Judy Couch

Last month, President Trump released a complete [fiscal year 2020 \(FY20\) budget request](#), which continues the administration's attack on the federal workforce by proposing a calendar year 2020 pay freeze in addition to numerous cuts to federal retirement benefits.

Unlike the extensive list of other proposed cuts to federal pay and benefits in the Trump budget, the president can enact a pay freeze without prior congressional approval. Absent congressional action, a pay freeze would take effect come the first pay period of next year. This is why NARFE calls on Congress to once again reject the president's proposed pay freeze and enact a pay increase for 2020 through the appropriations process. A federal pay freeze during a time of private-sector wage growth and economic strength will only undermine the effectiveness and morale of a federal workforce still in recovery after the unnecessary and record-breaking 35-day government shutdown. Please join us and [tell Congress to reject the president's pay freeze, and pass a competitive pay raise through appropriations](#).

Federal employees deserve better than to have a target on their backs each time the budget process comes around. We must not stand idly by while the administration acknowledges the contributions and sacrifices of our dedicated federal workforce by proposing substantial cuts to their earned pay and benefits.

Message From NARFE President Ken Thomas:

"The recent introduction of legislation providing federal employees peace of mind in the event of another government shutdown is necessary and supported by NARFE. Federal employees affected by a government shutdown should not have to worry that their health coverage will lapse by no fault of their own or that they'll be unable to get their newborn child covered under their health care plan in the midst of a shutdown. These bills take critical steps to ensure federal employees and their families are covered under their health care plans regardless of whether or not elected officials are engaged in political gamesmanship in Washington."

House Budget Advances, Sets Up Clash Between Congressional Chambers

The House Budget Committee approved the [Investing for the People Act of 2019](#), a two-year budget that would raise the statutory caps on discretionary spending sooner rather than later to jump-start the appropriations process and help avoid another government shutdown. Contrary to the Senate Budget Committee's version, which calls for \$15 billion in cuts that would predominately fall on the backs of the federal community, the House budget passed committee without any reconciliation instructions. This sets the stage for a budget tug-of-war between the two chambers and gives NARFE activists the leverage they need to make sure that cuts to earned federal pay and benefits are absent from any final budget approved by Congress. [Contact your legislators today](#) and urge them to reject any threats to your earned pay and benefits brought forward in the budget process.

Sunshine – Laurie Carr

Please contact a member of the board if you want to tell us of anyone who is sick or has passed. We have sent a card to Judy Couch whose sister Sharon passed away and Dick Rodenburg has notified us that his wife Marilyn, also a member, is home under hospice care.

BIRTHDAYS April – Helen Ruddell & Bob Behm. **May** – Sharon Jarrell, Nancy Quitney, Robert Tilman, Richard Rademacher, Lee Nackman, Sharon Curran and Marilyn Rodenburg

ANNIVERSARIES April – BJ Allgood & Steve Appel **May** - none

Programs –Linda Scherfling & Nancy Quitney

April 2019 - We will have Sally Schindel and another lady from the Prescott Chapter of P.E.O. speaking to us on how they help women of all ages acquire loans, grants and scholarships. This organization was begun back in 1869 in Iowa. They raise money for their organization from donations of gently used handbags/purses, then clean them up, and find new owners to buy these purses. Prescott P.E.O. had a huge booth at the annual Last Minute Stocking Stuffer and will be holding their next sale on Saturday, May 11th, at the First Congregational Church in Prescott. So come and hear their exciting history and what they are doing now to help in the quad cities. Oh..... and don't forget to perhaps bring a purse or two or three to donate at our meeting!

May 2019 - Our special speaker is Cheyenne Warner. She was unable to speak at our November meeting due to an injury. Cheyenne is a local Forest Service firefighter and also Ms. Arizona. She will share her story about these two different positions in her life, how she decided to compete in the People's Choice Competition, and some of her firefighting experiences. You won't want to miss hearing her adventures!

June 2019 - is the steak fry. We will decide what to charge at April Board Meeting. Last year cost was \$10 per person. We're planning on Meg and Cosimo Bohrman entertaining us as they did last year.

Alzheimer's News – Terri Doran

A new breakthrough in Alzheimer's Research: Creating a set of 28 genetically diverse mice, all with the identical Alzheimer's risk genes. In the past the mice used to test drugs were not genetically complex enough, the National Institute on Aging reported. The hope is that by seeing how these specially engineered mice respond to new therapies, scientists can gain clues as to what treatment will work for humans.

Brain & Life, an official publication of the American Academy of Neurology, is available free of charge to persons with a neurologic disorders and their family members and caregivers by going to BrainandLife.org or calling 800-422-2681. This publication includes articles on disorders such as Alzheimer's, strokes, migraines, Parkinson's Disease, spine and brain disorders, essential tremor, etc.

Individuals over 50 are encouraged to get the 2 series Shingrix vaccination, a vaccine developed against shingles. It was found to be more than 97% effective against shingles for adults ages 50 and over. More than 95% of Americans have been exposed to the varicella zoster virus, which causes both chicken pox and shingles. These individuals harbor the latent virus. The latent virus hides in the nerve cells and can reemerge as shingles, a painful rash usually on the chest, back or face.

Shingrix has been demonstrated to be more effective than the former vaccine, Zostavax. Speak with your Provider about whether it is right for you.

Membership - Marty Grossman

MARCH 2019 MEMBERSHIP REPORT

We currently have 215 members

We have one new member – Nancy Quitney

We have one reinstatement – Sara Lea Brockman

We have one member dropped for non-renewal – Donald Ray Bowden

One member transferred out of chapter – Alison Hill

4 Members sent second notice – Ken Barr, Tom Cossaboom, Jean Kroncke, Jean Sanderson

2 Prospective new members – Kathy Sevy, Mel Thatcher

Street Clean Up – Ray Curran

We cleaned up 2nd street before our March meeting. In May we will participate in the annual Prescott Valley Clean-up Day Event Spring 2019 1-DAY SATURDAY, May 4th and will finish our commitment to cleaning 2nd Street in October

Ways and Means – Diana Holden

We are working on the entertainment for the June steak fry.

Phone Committee – Ruth Ann Steffes & Anita Breun

Phone Committee – If you want a reminder call for the meetings contact our phone committee – Ruth Ann Steffes at 445-7627 or Anita Breun at 379-5570. They will add you to the call list.

Secretary and Editor – Martha O'Marah

Coming Up

Region VII Biennial Conference, April 5 - 6, 2019, at the Hotel Encanto de Las Cruces, in Las Cruces, New Mexico.

Next Board meeting April 9 @ 9. Board meetings are open to all membership and are held on the Tuesday prior to general meeting.

Next General meeting April 15 @ 11. Meetings on the third Monday of month. June and December are generally our annual picnic/steak fry and holiday party. No board or general meetings those months.

Arizona Federation - AZFedCon19 – Doing It Our Way May 3 - 4, 2019 Best Western Inn Suites Tucson Foothills Hotel & Suites. Go to www.NARFEAZ.com for information on registering. Registration due by April 13, prior to our next meeting. Contact a chapter officer if interested.

Prescott Valley Clean-up Day Event Spring 2019 1-DAY SATURDAY, May 4th—8:00 a.m. to 4:00 p.m.
TEAM UP TO CLEAN UP *** Volunteer Clean Up Schedule 9:00 to 9:30 a.m. —Check in at Clean Up Command Center (bring gloves) LOCATION— 7120 Pav Way (in Kooiman Business Center) Receive your FREE T-Shirt (while supplies last) - Get your clean up assignment Pick up an adequate supply of trash bags—Head out to clean up Prescott Valley 11:30 a.m. to 12:30 p.m.—Arrive Back at Command Center Enjoy a FREE hot dog, chips and ice-cold soft drink

ONE AZ CREDIT UNION PAYS FOR THE PRINTING OF OUR NEWSLETTERS. IF YOU ARE IN ONE AZ CREDIT UNION, THANK THEM FOR THEIR GENEROSITY.

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